

# Eco-friendly Shipping Practice Transformation in Improving Social and Economic Welfare of Coastal Communities

<sup>1</sup>Revinsyah Nabil Kautsar Kabalmay, <sup>2</sup>Jony Rodrigues Varela

<sup>1</sup>Shipbuilding Institute of Polytechnic Surabaya, Indonesia

<sup>2</sup>University of Catholic Widya Mandira Kupang, Indonesia

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## ABSTRACT

Sustainable shipping has become a key focus in efforts to improve the social and economic welfare of coastal communities. By adopting environmentally friendly technologies and reducing emissions, this practice contributes to improved air quality and the health of communities around the harbor. The emergence of green service industries and an improved fisheries sector are creating new economic opportunities for local communities. The transition to sustainable shipping also brings challenges, such as the need for large investments and the risk of economic inequality if not managed well. An inclusive and participatory approach is needed to ensure that the benefits of sustainable shipping practices are equally felt by all coastal communities. This research aims to explore the social and economic impacts of sustainable shipping practices on coastal communities, and provide policy recommendations that are responsive to local needs. With a comprehensive approach, this study is expected to make a significant contribution to the development of sustainable shipping policies that are oriented towards the welfare of coastal communities.

## INTRODUCTION

The development of the global shipping industry in recent decades has brought significant changes to coastal communities. Shipping and loading and unloading activities in harbors not only create jobs, but also generate social pressures, such as air pollution, noise, and changes in local economic structures (Rata & Rusu, 2019). Efforts to reduce the environmental footprint-through the use of low-sulfur fuels, route efficiency, and waste treatment technologies-are beginning to be adopted by modern fleets. These initiatives mark a paradigm shift towards sustainable shipping, which not only prioritizes ecological aspects, but also considers the welfare of coastal communities (Koilo, 2019).

The implementation of eco-friendly practices in ship and harbor operations can affect local social dynamics (Caniëls et al., 2015). Reducing sulphur and particulate emissions improves harbor air quality, benefiting resident health. Training and skills adjustment programs for harbor workers to operate green technologies open up new economic opportunities (Ogbonnaya et al., 2013). Notteboom and Winkelmans (2001) showed that harbors implementing clean technologies recorded increased community participation in related economic activities, such as logistics and tourism.

The transition to sustainable shipping can also have social consequences that need to be anticipated. Large investments in green infrastructure sometimes displace the traditional livelihoods of fishermen or manual stevedores, fueling economic inequality (Lee & Nam, 2017). Meersman et al. (2005) note that harbor modernization often entails reskilling the workforce, but implementation has been uneven across regions. Thus, studies on the social impacts of sustainable shipping practices are urgently needed to balance environmental benefits and the welfare of local communities.

Referring to the triple bottom line principle-economic, environmental and social-sustainable shipping should be practiced with an eye on the direct and indirect impacts on coastal communities. This holistic understanding will help policymakers and industry players design equitable and inclusive programs (Leochico et al., 2021). For example, air pollution, noise or degradation of seawater quality due to vessel traffic can affect the health, livelihoods and daily lives of communities around the port. A literature review of international experiences and local lessons is essential for formulating community-responsive policy recommendations.

\* Corresponding author, email address: [revinsyah.nabil@gmail.com](mailto:revinsyah.nabil@gmail.com)

While many harbors in developing countries have begun to adopt clean technologies, there are still inequalities in implementation that impact the social welfare of coastal communities. Green infrastructure is often concentrated in major harbors, while small and medium-sized harbors still rely on conventional practices that pollute the environment and disrupt fishermen's activities (Notteboom & Winkelmanns, 2001). These inequalities lead to disparities in operational efficiency, social and environmental impacts caused by port activities.

The harbor modernization process can lead to a reduction in traditional employment without adequate reskilling programs. This leads to improved unemployment and economic insecurity for the families of fishermen or manual stevedores (Meersman et al., 2005). The absence of an effective social safety net exacerbates this condition. The absence of support systems such as employment insurance, affordable vocational training, or job transition programs exacerbates their vulnerability. Port modernization, which is supposed to be a symbol of progress, has instead led to social exclusion for some communities.

The lack of community participation in planning and decision-making related to sustainable shipping projects results in policies that are poorly suited to local needs. Brooks and Pallis' (2007) study shows that minimal involvement of local stakeholders creates social resistance and reduces the effectiveness of environmental programs. This resistance can take the form of rejection of the project, protests, or even sabotage of policy implementation. When communities feel that their voices are not being heard, they are less likely to support the policy, even if the goal of the project is to create environmental and economic sustainability. Policies that are not aligned with the local context are likely to be ineffective in addressing existing problems.

Climate change and international regulatory pressures are driving the shipping industry to transform. Greenhouse gas emissions from ships contribute significantly to global warming. The social impacts of this process, both positive and negative, need to be mapped so that policies are balanced between environmental protection and community welfare. The resulting policies should not solely focus on environmental protection, but should also consider aspects of social and economic justice for affected communities. Thus, the transformation towards an environmentally friendly shipping industry can take place in an inclusive and sustainable manner, without compromising the social welfare of the community.

A comprehensive literature study can help identify best practices and lessons learned from different regions. The study also enabled an assessment of success factors such as community involvement, use of environmentally friendly technologies, policy support, and monitoring and evaluation mechanisms. An in-depth literature review also helps to avoid a policy copy-paste approach, and encourages local context-based adaptation. As such, this research is expected to provide insights for the formulation of more equitable and sustainable policies.

This study aims to critically examine how the implementation of eco-friendly shipping practices including low-emission fuel technology, operational efficiency, and waste management affect the social and economic conditions of local coastal communities. Through a literature study, the study will summarize empirical and theoretical findings prior to 2010 in order to build a comprehensive framework of understanding and provide policy recommendations oriented towards community welfare.

## RESEARCH METHOD

This study adopted a literature study approach to systematically review studies on the social impacts of sustainable shipping practices. Through a process of identification, selection, and critical analysis, the researcher explored primary and secondary sources, including journal articles, books, and policy reports, published before 2010. The literature analysis focused on methodologies, empirical findings and policy recommendations relating to the relationship between eco-friendly technology innovation and coastal community welfare. The guidelines for conducting this literature study refer to Webster and Watson's (2002) framework, which emphasizes the importance of logical structure in summarizing the literature and constructing theoretical concept maps.

The data synthesis process was conducted using a content analysis approach, where key themes were identified and thematically classified according to the research variables. This technique allowed the researcher to explore thematic patterns and relate previous research results to the local socio-economic context. Cooper (1988) explains that an effective literature review should include methodological assessment and critical interpretation of existing evidence, so as to produce a strong conceptual framework. Thus, this literature study serves not only as a summary, but also as a basis for scientific argumentation to support policy recommendations that are responsive to the needs of coastal communities.

## **RESULT AND DISCUSSION**

In recent decades, harbor activities have been a major concern in discussions on environmental quality in coastal areas. Ship traffic density, the use of high-sulfur fuels, and intensive terminal operations have led to a significant improvement in air pollution around harbors (Aksoyoglu et al., 2016). These high levels of pollutants not only impact the local ecosystem but also the people living around the harbor, who are daily exposed to the polluted air. These conditions have triggered various health problems among local communities, including improvement cases of respiratory and cardiovascular diseases. A study by Notteboom and Winkelmans (2001) showed that high sulfur dioxide concentrations around harbors contribute to the high rates of respiratory diseases in coastal communities. Although ports have an important role in the economy, there is a need for more environmentally friendly policies and technologies to reduce negative impacts on health and the surrounding environment.

Awareness of these negative impacts has led to the adoption of sustainable shipping practices aimed at reducing emissions and improving air quality (Zanne & Twrady, 2011). Governments, port operators and shipping companies are starting to take note of the importance of transitioning to green technologies to reduce harmful emissions from the marine transportation sector. The use of low-sulfur fuels and scrubber technology has been the first step in this endeavor. The implementation of such technologies has proven effective in lowering the concentration of pollutants in the air, which in turn reduces the burden of disease in communities around the harbor. This reduction in emissions not only provides health benefits, but also reduces public health care costs, creating positive economic effects for local communities (Claremar et al., 2017). This creates a sustainable economic effect that strengthens the argument that investment in green shipping technology is not only ecologically important, but also socially and economically beneficial.

The reduction of noise from ship engines through the use of quieter technologies has improved the comfort of living in coastal areas. Quieter and cleaner environmental conditions contribute to improved quality of life for families living near the harbor (Wan et al., 2019). These changes also open up opportunities for the development of tourism and recreation sectors in coastal areas, which were previously hampered by unfavorable environmental conditions. Thus, sustainable shipping practices provide not only ecological, but also social and economic benefits to coastal communities (Battistelli et al., 2011).

This transformation reflects a paradigm shift in harbor and shipping management, from a focus on operational efficiency alone to a more holistic and sustainable approach. This shift is driven by the increasing global awareness of climate change, environmental degradation and its impact on public health, which can no longer be ignored in the planning and operation process of modern ports. Collaboration between government, industry and communities is key in ensuring the successful implementation of these practices (Kang & Kim, 2017). With a shared commitment, harbors can serve as centers of economic growth that are not only productive, but also environmentally friendly and contribute to the welfare of the surrounding communities (Sey, 2015). Sustainably managed ports have great potential to support the achievement of Sustainable Development Goals (SDGs), especially in terms of improving community welfare, creating green jobs, and protecting coastal ecosystems.

Eco-friendly shipping creates new economic opportunities through the development of green service industries in the maritime sector. Harbors investing in eco-friendly infrastructure, such as electrically-powered container terminals and waste treatment facilities, require skilled labor for operations and maintenance. This transformation has also led to increased demand for new professions in environmental engineering, energy management, and port environmental policy consultancy. This requires retraining of local workers and creates new jobs in harbor environmental engineering and management (Meersman et al., 2005). This employment growth improves household incomes and stimulates the local economy, especially in harbor cities that have been dependent on conventional loading and unloading activities. This transformation shows that sustainability and economic growth are not mutually exclusive goals, but rather mutually reinforcing, especially when developed through inclusive approaches that actively engage local communities.

Better ship waste management initiatives also strengthen the local fisheries sector. By reducing the discharge of hazardous waste into the water, marine ecosystems become healthier, restoring fish stocks that had declined due to pollution (Hoyle & Charlier, 2000). The reduction of chemical contamination in the ocean has resulted in fish stocks recovering as habitats such as coral reefs and seagrass beds are able to thrive again. Artisanal fishermen report more abundant catches and better the quality of fish, resulting in improved selling value of fishery products. This has a positive impact on the food security of coastal communities and improves their income, while reducing the economic vulnerability of fishing families.

Sustainable harbor development is often accompanied by collaboration between governments, harbor operators and local communities in project planning and implementation. This collaboration is an important foundation in ensuring that port development is inclusive and sustainable. This partnership model improves community ownership of environmental projects, reducing social resistance. Community participation in public consultation forums provides a space for them to voice their needs and concerns, allowing harbor policies to be more responsive to the local context (Brooks & Pallis, 2007). This participatory model not only increases policy legitimacy, but also makes port policies more responsive to local conditions and values. The success of this collaboration strengthens social relationships between stakeholders, building a network of support that accelerates the adoption of green practices.

The transition to sustainable shipping also creates short-term economic pressures on traditional businesses in the logistics sector. Replacing old equipment with clean technology requires large investments that are sometimes difficult for small companies and manual stevedores to afford. This can lead to economic inequality, especially if it is not accompanied by special assistance or financing schemes for workers and micro-enterprises in the harbor (Stopford, 2009). Large businesses generally have access to capital, technology and information that allows them to adapt quickly to sustainability demands. In contrast, micro-enterprises and informal workers are often left behind due to financial constraints and lack of access to training and technical support. Without special attention, harbor modernization can widen the income inequality between large companies that are able to adapt and small businesses that are left behind.

This inequality demands the formulation of balanced supporting policies, but in practice this is often not realized. Many local governments set environmental regulations without providing compensation mechanisms for affected workers. Local governments set emission reduction targets or require the use of certain technologies without providing support in the form of retraining, access to finance or technical assistance. As a result, sustainable shipping programs are sometimes perceived as exclusive and not in favor of the welfare of local communities. This creates social discontent and reduces the legitimacy of the policy, as noted in the United Nations Conference on Trade and Development (2007) report on the challenges of implementing environmental regulations in developing country harbors. A more inclusive and adaptive policy approach is needed.

From a social perspective, green shipping also affects the structure of coastal communities through a shift in work culture. Workers who previously focused on manual loading and unloading are now expected to have technical skills in operating eco-friendly equipment. This shift requires cultural adaptation and improved technical literacy among local workers. Many workers face challenges in understanding digital systems or feel marginalized by automation processes that no longer require as much manual labor as before. If not matched with continuous training and education, this transformation can lead to alienation of workers from the production process, thus decreasing the sense of community pride and identity (Slack, 1993). The transformation to green shipping can be accompanied by social policies that bridge this transition so that sustainability is also seen as socio-cultural sustainability of the port community.

The existence of a sustainable harbor can improve the image of the harbor city as an environmentally friendly destination. When the port implements green technology, good waste management, and emission reduction, it reinforces the city's reputation as a region that cares about environmental sustainability. This opens up the potential for marine tourism and ecotourism, which in turn creates new jobs in the hospitality and tourism services sectors. Harbor cities that successfully combine green maritime operations with tourism promotion can attract investment and improve local revenues (Stopford, 2009). It is important to be aware that the growth of the tourism sector can also trigger improve in property prices and the cost of living, potentially marginalizing local residents if not properly regulated. If not matched with equitable urban planning policies, this transformation can create social inequality.

In the long-term, the adoption of sustainable shipping practices contributes to more inclusive regional economic development. By emphasizing the principle of environmental justice, harbors can become hubs of green innovation that encourage technology transfer to the local sector. Supporting industries, such as eco-friendly engine maintenance workshops and alternative fuel supply, grow in tandem with the operational needs of green harbors. The growth of these sectors expands the local economic base and creates a more diverse industrial ecosystem. The industrial ecosystem formed around the port no longer relies solely on conventional loading and unloading or logistics activities, but rather is connected to innovation, renewable energy and sustainable services (Vaio & Varriale, 2018). Sustainable shipping practices provide environmental benefits and regional economic drivers.



Long-term success depends largely on synergies between various stakeholders, including governments, harbor operators, local communities, and the private sector. Without proper coordination, green shipping initiatives can be fragmented and lack maximum benefits for the community. Participatory governance models that involve all parties in program planning and evaluation have proven more effective in maintaining social and economic sustainability (Notteboom & Winkelmann, 2001). By involving local communities in decision-making, green port programs not only become more contextual and relevant, but also strengthen social legitimacy. Private sector involvement in multi-stakeholder forums can accelerate technology transfer and financing of green projects. This kind of collaborative model has proven to be more effective in maintaining social and economic sustainability, as it builds a sense of collective responsibility and creates a balance between environmental, economic and social interests in port management.

Continuous evaluation is needed to monitor the social and economic impacts of sustainable shipping practices. This process is not just about measuring the achievement of environmental targets such as emissions reduction or energy efficiency, but also about how port policies impact the welfare of surrounding communities. Regular evaluations help ensure that the transformation to a green port does not neglect the needs of the people most affected by the changes. Indicators such as community health levels, household income, and community participation in local economic activities should be measured periodically. These empirical data will form the basis for adjustments to harbor operational policies and strategies to remain responsive to community dynamics (Hoyle & Charlier, 2000). By using evaluation as a decision-making tool, ports can ensure that development is inclusive, equitable and sustainable for all parties involved.

Overall, sustainable shipping practices have great potential to improve the social and economic welfare of coastal communities through improved environmental quality, the creation of new jobs, and the development of green economy sectors. Successful implementation depends heavily on policy support, institutional capacity and the active involvement of local communities. With a deeper understanding of the literature review and experiences in the field, policymakers can design more balanced and inclusive interventions. These interventions will not only promote environmental sustainability, but also create more equitable social and economic welfare for all coastal communities.

## CONCLUSION

Sustainable shipping practices have significant potential to improve the social and economic welfare of coastal communities. One of the direct impacts is the reduction of emissions and pollution generated by traditional port activities. By reducing emissions and pollution, and introducing environmentally friendly technologies, the quality of life in communities around harbors can improve. This reduction in pollution contributes to better health, reducing the rates of respiratory and cardiovascular diseases often associated with air pollution in coastal areas. New economic opportunities are emerging through the development of green service industries and the improvement of the fisheries sector. This transition also brings challenges, such as the need for large investments and the risk of economic inequality if not managed well. An inclusive and participatory approach is needed to ensure that the benefits of sustainable shipping practices are felt equally by all coastal communities.

The implementation of sustainable shipping practices has a direct impact on the social and economic structure of coastal communities. These changes demand adaptations in the work culture and improvement in the technical skills of local communities. Workers previously accustomed to manual loading and unloading methods and conventional equipment are now faced with the demand to master new technical skills, such as the operation of environmentally friendly machinery or an understanding of green waste management systems. Without adequate support, such as training and continuing education, there is a risk of alienation of workers from the production process. The growth of new sectors such as marine tourism can lead to an increase in the cost of living, potentially marginalizing the local population. Policies that consider local social and cultural aspects are important to ensure the long-term success of sustainable shipping initiatives.

To maximize the benefits of sustainable shipping practices, policies that support retraining of local workers and financing schemes for small businesses are needed. Active community participation in the planning and implementation of eco-friendly harbor projects should be improved through public consultation forums. Continuous evaluation of the social and economic impacts of these practices is also important to tailor policies to community needs. With an inclusive and responsive approach, sustainable shipping practices can be a key driver in sustainably improving the welfare of coastal communities, creating benefits that can be felt by all parties, especially local communities.

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